

Hipswell C of E Primary School

Spring Half Term 1 (w/c 2.1.22 - 6.2.23)

This Half Term!

What a busy half term of sport and competition. It began with 4 Dodgeball Leagues held at Richmond Secondary School. Year 5 and 6 came 3rd and 4th in their Leagues with Year 3 and 4 attaining 1st and 2nd place. Two enjoyable afternoons where I saw children play with enthusiasm and great teamwork.

Six children from Year 4 attended a Quick Sticks Hockey Competition coming 1st after winning all their matches. A fabulous achievement.

More recently, seven children from KS2 took part in a Panathlon Event where they achieved 3rd place. They each received a bronze medal which they wore with pride. Visit our Facebook page to view photos taken at the events.

A lot of our PE lessons this half term have taken place in the hall due to the unpredictable weather. Just recently I have observed some lessons taking place outside which has been a joy to see and a sign of the weather improving. Fingers crossed this continues allowing us to access our outdoor spaces.

Next Half Term

The PE units of work to be covered next half term (Spring 2) will be as follows. Year 1: Athletics, Gymnastics Year 2: Athletics, Gymnastics Year 3: Athletics, Net/wall games Year 4: Athletics, Swimming Year 5: Athletics, Gymnastics

Year 6: Athletics, Gymnastics Clubs

With the lighter nights approaching and better weather (fingers crossed) we have tried to increase our club offer.

The club letter will go out in the first week back after the holidays.

Monday: Multi-skills (EYFS and KS1)

Level 1 and 2 bike ability (Yr5/6) Tuesday: Forest School Wednesday: Boxercise (KS2)

Active Homework

Thank you to everyone that has completed the 'Toilet Roll Challenge' so far. The activity is devised to develop children's strength, balance and co-ordination. Year 6 are in the lead with 24 of the pupils taking part. This is wonderful to see. If you would like to give it ago, you will find details of the challenge on your class seesaw page with a link to a very helpful video on the information sheet. Closing date is the 20th February.

Movement is Life

If you have 3 minutes to spare, please click the link below to watch a short video which gives a powerful message about the importance of physical activity in young people. At Hipswell School we aim to provide the children with as much physical activity during the day as possible. We understand the vital role it plays in a child living a happy and heathy life. We deliver active lessons and brain breaks during learning tasks. We are working hard towards reducing sedentary learning.

https://www.youtube.com/watch?v=kYPRV-**Ynilk**

Forest School

Rachel Muir from 'Embers' will continue her fabulous work, developing the children's love of the great outdoors. After the half term break she will work with the Year 3 class.



PE NEWSLETTER