



Hipswell C of E Primary School

Autumn Half Term 2

(w/c 31.10.22 - 12.12.22)

This Half Term!

Another busy half term of sport. In KS2, the children have been developing essential skills to take part in several invasion games (dodgeball, hockey). This will continue in the next half term, transferring the skills they have learnt to play different sports. They have also been practicing some athletics techniques, both track and field. KS1 pupils have been creating short dance routines in small groups which they performed in front of their peers.

Next Half Term

The children will continue to access two lessons of PE each week, some of which will take place outside. As we are all well aware, the weather in January and February can be mixed, so if you are able to send outdoor kit to school with your child that would be greatly appreciated. Units covered this half-term by the different year groups will be as follows.

Year 1: Dance/Drama, Multi-skills

Year 2: Dance/Drama, Multi-skills

Year 3: Dance/Drama, Invasion Games

Year 4: Dance/Drama, Invasion Games

Year 5: Dance/Drama, Swimming

Year 6: Dance/Drama, Invasion Games

Clubs

This term the children have had the opportunity to attend Dodgeball and Zumba club. Both clubs have been very successful and it is clear from pupil voice that the children have enjoyed attending. We will be welcoming both Mrs Blackmore and Martin Adams back to continue their good work next half term. Currently we only have 2 clubs running due to the unpredictability of the weather and our shortage of indoor facilities.

We hope to increase our range of clubs in the 2nd half of the Spring Term when the weather improves.

The Step-Up Challenge.

I would really appreciate it if you could find time in the holidays, between watching Christmas movies, family gatherings and just simply enjoying the festive break to have a go at the challenge below (also found on your Seesaw page). It would be great to be crowned 'winners' again following our success last half term.

HOME STEP UP CHALLENGE

1. Find yourself a step. This could be in the garden or the stairs in your house
2. Stand two feet together in front of the step.
3. Step one foot onto the step and then the other (one at a time)
4. Then step one foot back to the floor and then the other (one at a time)
5. This counts as one step up.
6. Compete as many as you can in your allocated time.

Pass the challenge on to a family member. Can they beat your score? Both scores go towards your team total.

Time allocations:

Year 1/2 30 seconds

Year 3/4 45 seconds

Year 5/6 60 seconds

Click on the link below and fill out the form. The first page asks for the PUPIL'S name, year, and gender. It then asks for the pupils score and family score to be entered separately.

<https://www.koboca.co.uk/homework-step-up-challenge/?q=5643ae34&s=f4ee03ec>

**CLOSING DATE TUESDAY 3RD JANUARY
2023**

PE NEWSLETTER

Scan the QR code to see the children in action at our Zumba club.



Fixtures

Year3/4 Football League

At the beginning of this half term, we took nine Year 3/4 children to take part in a 'Football League' against four Garrison Schools. Great determination, skill and teamwork were demonstrated during the morning earning them **FIRST PLACE!!!** Both Mrs Rhodes and Mr Robertson were full of praise for the boys and their sportsmanship.



Year 5/6 Indoor Cricket Competition

On the 29th November six Year 6 children took part in an Indoor Cricket Competition at the 'ML Sports and Fitness Centre'. Some of the pupils had never played cricket before but wanted to have a go. I think they were impressed by their own personal achievements that morning, as were we. Well done!



Sports Hall Athletics

More recently 56 of our Year5/6 pupils went to Richmond School to take part in an Indoor Athletics competition. They took part in both track and field events. Their passion to do well was fantastic to see.



Upcoming Fixtures

- KS2 Dodgeball Competition
- KS2 Netball Competition
- Year3/4 Quick Sticks Hockey
- Year 5/6 Tag Rugby
- KS2 Tri-golf
- KS1 Football Skills Festival

Look out on the school Facebook page in the coming weeks to see how we get on!

Next Terms Clubs

- Monday - Zumba Year1, 2, 3 and 4
- Wednesday - Boxercise Year3, 4, 5 and 6

Forest School

Rachel Muir from 'Embers' will continue her fabulous work, developing the children's love of the great outdoors. After the Christmas break she will work with the Year 1 class.

