

Hipswell Church of England Primary School PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	FMS/Physical Literacy	FMS/Physical Literacy	FMS/Physical Literacy	Gymnastics	Dance/drama	Athletics
Year 1	Outdoor Adventurous Activity Assess FMS	Gymnastics	Dance/drama	Athletics	Dance/drama	Net/wall games (rackets and balls)
	Athletics (FMS/Physical Literacy)	Athletics (FMS/Physical Literacy)	Multi-skills	Gymnastics	Invasion games Attack, defend, score	Outdoor Adventurous Activity
Year 2	Outdoor Adventurous Activity Assess FMS	Gymnastics	Dance/drama	Athletics	Dance/drama	Net/wall games (rackets and balls)
	Athletics (FMS/Physical Literacy)	Athletics (FMS/Physical Literacy)	Multi-skills	Gymnastics	Invasion games Attack, defend, score	Outdoor Adventurous Activity
Year 3	Outdoor Adventurous Activity	Gymnastics	Dance/drama	Athletics	Dance/drama	Striking/fielding games
	Athletics	Invasion games Attack, defend, score	Invasion games Attack, defend, score	Net/wall games	Gymnastics	Swimming
Year 4	Outdoor Adventurous Activity	Gymnastics	Dance/drama	Athletics	Swimming Dance/drama	Gymnastics
	Athletics	Invasion games Attack, defend, score	Invasion games Attack, defend, score	Swimming	Net/wall games	Striking/fielding games
Year 5	Outdoor Adventurous Activity	Invasion games Attack, defend, score	Dance/drama	Athletics	Dance/drama	Invasion games Attack, defend, score
	Athletics	Gymnastics Swimming	Swimming	Gymnastics	Net/wall games	Striking/fielding games
Year 6	OAA (residential) Invasion games Attack, defend, score	Athletics	Dance/drama	Athletics	Dance/drama	Outdoor Adventurous Activity
	Swimming	Swimming Gymnastics	Invasion games Attack, defend, score	Gymnastics	Net/wall games	Striking/fielding games

There is flexibility within this plan at teachers' discretion. However, the teacher must ensure that the amount of units of each strand are delivered. External coaching sessions, CPD opportunities, poor weather and Level 2 competition preparation are key examples when flexibility is required.